



**coop
la maison verte**

5785 Sherbrooke West Montreal,
H4A 1X2, 514.489.8000
cooplamaisonverte.com
facebook/cooplamaisonverte

For only 10\$ a year members get :

10% discount on bulk food, coffee and detergents
5% discount on food and beer
monthly special that can go up to 35%
a vote at the general assembly

The Coop La Maison Verte is :



**Organic food product including fresh vegetables,
fruits and meat
bulk products (reuse our containers!)
local and fair trade products
gluten-free products
and Quebec microbrews**



It's also Community Supported Agriculture:

We work with two CSA farmer, who come once a week from spring to fall

- Saturdays from 10:00 to 13:00pm with farm Mélilot

Mélilot will begin their basket/market at the end of June **fermemelilot.com**

- Thursdays from 4:00 to 7:00pm with farm Zephyr

Zephyr will begin their baskets/market at mid May - **fermeduzephyr.ca**

It is a pick up point all year long for:

- La Ferme Morgan (weekly) - Locally produced eggs and meat - **fermemorgan.com**

- Alternative Bio - Organic fruit and vegetable baskets bi-weekly delivery - **alternativebio.com**

- La Ferme DORée (monthly) - Locally produced eggs and meat - **fermedoree.com**

Order directly from them and pick it up the coop!

It's also: - An organic seed and seedlings supplier throughout the spring and summer. You can start ordering our seeds and seedlings mid of february in store or online:

www.cooplamaisonverte.com

Coop La Maison Verte is also:

- More than 11000 members since its opening in 2000

- A place to host or attend workshops, screenings and exchange (look at our scedule on our website)

- An community space that promotes environmentally friendly solutions, and a healthy diet

- The coop is involved in several social projects in NDG and partners with community organizations to provide a better quality of life for neighborhood residents

**The co-op is open from 10am to 7pm every day. Come see us !
Since Coop La Maison Verte is your co-op, talk about it to your friend !**